



WEEKLY ACADEMIC ACTIVITY (2023 – 2024)

July 17th - July 21st, 2023

UKG

S.No.	Title	Content
1	Literacy	<p>Reinforcement of Vowels and Consonants.</p> <p>Reinforcement of letters and phonemes - ‘s, a, t, n, i, p’ (sat, tip, nap, pat, pin, pan, tap, tin, tan, pit, sit, sip)</p> <p>Reinforcement of sight words: ‘a, you, me’, (the, an, and, I, we, are, is, it, am, he, she, that, this)</p> <p>Story Narration - “Goldilocks and the three bears”</p> <p>Rhymes: “Deep and Wide”</p> <p>Written: *Cursive letters “Oo and Pp” *Joining patterns - ‘cccc, aaaa’</p>
	Numeracy	<p>Rote Counting: 1 -70</p> <p>Reinforcement of 2D shapes: circle, semicircle, square, triangle, rhombus, rectangle, pentagon, hexagon, oval</p> <p>Number formation song – 1 to 10</p> <p>Reinforcement of number names: one to ten</p> <p>Reinforcement of Concepts: open/close</p> <p>Written - Numbers: 31 - 40</p> <p>Listen and Write: 11 - 20</p>

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Theme

Transdisciplinary Theme: Who We Are

Central Idea: The choices people make affect their health and well-being.

Lines of Inquiry:

- ❖ The meaning of a balanced lifestyle.
- ❖ Influence of choices we make that affect our health.
- ❖ Different sources of information that help us make choices.

Discussion on Activity:

- **Picture Interpretation:** Two pictures were shown and the following questions were asked
 - ❖ What do you see in the picture?
 - ❖ Why do we sleep?
 - ❖ What time do you sleep?
 - ❖ What time do you wake up in the morning?
- **Physical Activity:** To make the children understand that a mix of an active body and good food contributes to overall health. They were asked to do Kangaroo jump, Forward roll, Jump up with both the feet, stand on one leg with eyes closed and hands stretched in a T formation & Passing the ball over the head.)
- **Activity:** Sorting of pictures related to Self Hygiene.
- **E books - 'Listen to my Body'** (Students were asked to do the activities mentioned in the book), 'Ramya's Snack Box'.
- **Video:** Monkeys on a Fast