



**WEEKLY ACADEMIC ACTIVITY (2023 – 2024)**

**July 10<sup>th</sup> - July 14<sup>th</sup> , 2023**

**UKG**

S.No.	Title	Content
1	Literacy	<p><b>Reinforcement of letters and their phonemes with associated pictures: “Uu-Zz”</b></p> <p><b>Reinforcement of sight words: “the, an, and, I, we, are, is, it, am, he, she, that, this,”</b></p> <p><b>Read aloud - “Are You Hungry?”</b></p> <p><b>Reinforcement of Vowels: ‘a, e, i, o, u’</b></p> <p><b>Rhymes: “Have you got the sunshine smile”</b></p> <p><b>Written: Cursive letters Kk - Nn”</b></p>
	Numeracy	<p><b>Rote Counting: 1 -60</b></p> <p><b>Reinforcement of 2D shapes: Semicircle</b></p> <p><b>Number formation song – 1 to 10</b></p> <p><b>Reinforcement of number name: six to ten</b></p> <p><b>Comparison of objects: Tall/Short, big/small, more/less</b></p> <p><b>Written - Numbers 21 to 30, Listen and Write: 1- 10</b></p>

3

Theme

**Transdisciplinary Theme: Who We Are**

**Central Idea:** The choices people make affect their health and well-being.

**Lines of Inquiry:**

- ❖ The meaning of a balanced lifestyle.
- ❖ Influence of choices we make that affect our health.
- ❖ Different sources of information that help us make choices.

**Discussion on Activity:**

- **Song:** ‘Food Groups are Rockin’ Tonight’.  
Students were explained about the different food groups and the following questions were asked:
  - ❖ What breakfast they had and the food group it belongs to.
- **Activity:**
  - ❖ Illustration of different food groups.
  - ❖ Sorting picture cards into different food groups.
- **E book:**
  - ❖ Rainbow Sambar
  - ❖ Spot Bakes A Cake
  - ❖ What’s Beneath the Skin.
- **Video:**
  - ❖ The Very Hungry Caterpillar
  - ❖ Good Foods